

All About ToneSculpt-EM

Painfree- Non Invasive- No Downtime



What is ToneSculpt?

ToneSculpt-EM is a popular muscle toning and fat-burning treatment that requires zero downtime. Electromagnetic technology is an FDA cleared treatment and offers a pain free- no downtime treatment by utilizing Electromagnetic energy (electric and magnetic fields) to target the areas with muscle contractions that will build muscle, define, and tone the area. **The average muscle increase is 16% & average fat loss is 19%. Get great results with no downtime!**

How ToneSculpt works?

ToneSculpt utilizes Electromagnetic technology to cause deep muscle stimulation in a 30-minute session. A single session induces 30,000 muscle contractions, that equals 30,000 squats or sit-ups. Our equipment allows for a customized setting based on your individual needs. The paddles will send energy into your muscles which cause a muscle to contract and relax. With the two pulses causing the contraction and relaxation, we can achieve muscle growth, just like doing a sit up.

Is ToneSculpt right for me?

The ideal candidate is in good health, has realistic expectations and wants to achieve more definition and tone. It is ideal for people who are healthy and within 15-20% of their ideal weight and a BMI of less than 35. This treatment is most effective for those who will be able to follow a healthy lifestyle to maximize results.

How many treatments?

The results of ToneSculpt-EM will be different for people based on their age, weight, etc. For best results, a course of 8-12 treatments per treatment area is recommended over a 4-8-week period, with up to 2 treatments per week 2-3 days apart. Results will improve with a second course of treatments. Results will vary per individual.

What areas of the body can be treated?

We offer this non-invasive treatment to many parts of the body including: abdomen, glutes, arms (triceps & biceps), calves, and thighs.

Is there any downtime with ToneSculpt treatments?

There is no downtime with treatments at all. You can go back to daily life immediately following your treatment. Please read through the pre/post instructions to ensure proper pre/post care instructions are followed.

How fast can I expect to see results from ToneSculpt-EM, how long with the results last?

Some clients can see results after the first session, but most will see results peaking about 8-12 weeks after the last treatment. On average, clients can enjoy their ToneSculpt anywhere from six months to a year. To achieve long lasting results, it is recommended for clients to follow a healthy diet and exercise routine, along with regular follow-up ToneSculpt maintenance sessions every few months.

Is it painful?

The treatment feels like an intensive workout of muscles in the area being treated. During the treatment, you will feel muscles contract with the intensity gradually being increased by our technician. You may feel a bit sore in your muscles like they have been through an intense workout afterwards. The muscle soreness post treatment, usually does not last long.

What does it cost?

The cost for a ToneSculpt treatment is sold as an individual treatment or you can buy a series to receive discounted pricing. Please see our current service menu for pricing. There are no refunds for services or series.