# All About Cavitation (Fat Reduction)

Pain Free- Non-Invasive- No Downtime



#### What is Cavitation?

Ultrasonic cavitation is an effective and safe treatment that is used to break apart fat deposits in your body. Cavitation is a popular treatment that is non-invasive and serves as an alternative to liposuction. Clients should benefit with an immediate loss of inches on the treated areas and (ultimately) a slimmer figure. It is a non-surgical method of reducing cellulite and localized fat. Pain free and no downtime makes this a popular choice for those who want to shed some inches.

#### **How Cavitation works?**

Ultrasonic cavitation is a simple procedure that uses low-frequency ultrasound waves to burst fat cells. This process heats and vibrates the layer of fat cells below the dermis level to reach the hypodermis. The pressure eventually causes the fat cells to liquify and release their contents through the body's waste system. It is a safe alternative treatment to invasive fat reduction surgeries and less expensive. Our process can include the use of a vacuum suction or radio frequency application to further assist in breaking down and removing the fat contents.

### Is Cavitation right for me?

The ideal candidate is in good health, does not smoke, has realistic exceptions, and tried diet and exercise to get rid of excess fat but is still struggling with the small stubborn fat areas. This treatment is not intended for weight loss or to treat obesity.

#### How many treatments?

The results of Ultrasonic Cavitation will be different for people based on their age, weight, etc. Results are usually visible immediately. However, for best results, a course of 6-10 treatments per treatment area is recommended over 4-5 weeks, with up to 2 treatments per week three days apart. Maintenance sessions will be recommended to achieve longer lasting results. For face/chin, treatments should be 2 weeks apart for a total of 6 sessions.

## What areas of the body can be treated?

We offer this non-invasive treatment to many parts of the body including: abdomen, front thigh, back thigh, hips, calf's, back waistline, buttocks, bra line, upper arms, flanks. We offer a special hand piece that can provide cavitation treatments for the face/chin.

## Is there any downtime with Cavitation treatments?

There is no downtime with Cavitation at all. You can go back to daily life immediately following your treatment. Please read through the pre/post instructions to ensure proper pre/post care instructions are followed.

# How fast can I expect to see results from Cavitation and how long with the results last?

The fat removal process continues for up to 3 days after each treatment, so it is not unusual to see a further reduction a day or two after the initial treatment. Ultrasonic cavitation does not destroy fat cells; rather, it empties them of their contents, which means the cells can store fat again. A balanced diet is the only way to ensure lasting results. Those who lead a healthy lifestyle of eating and exercising will generally have much longer lasting results.

## Why do you recommend vibration therapy?

We recommend a 15-minute session of vibration therapy directly after treatment (we offer 50% off your vibration therapy session same day only). This aids the body in releasing the liquified fat and expel it from your body. There are many other benefits of vibration therapy as well. Please see our service menu for pricing.

#### What does it cost?

The cost for Cavitation treatments is sold as an individual treatment or you can buy in a series to save on cost. Please see our current service menu for pricing. There are no refunds for services or series.