

Pre-Treatment

You should not have the treatment if you are pregnant or if you have Epilepsy.

You should not have the treatment if you have a history of certain conditions, including skin cancer and inherited eye diseases (such as diabetes).

You should not have the treatment if suffer from systemic Lupus Erythematosus, photosensitive eczema or albinism as usage may cause an adverse skin reaction.

You should not have the treatment if you suffer from light induced headaches and or migraines.

Must wait five days after Botox or cosmetic fillers before commencing treatment.

You should not have the treatment if you take certain medications that cause photo sensitivity.

The following medicines are known to cause temporary photosensitivity (not a conclusive list):

- Chlorpromazine (Anti-psychotic), also known as Thorazine, Chlorpromazine HcL, Sonazine.

Client can be treated if the medication has not been taken within the last 8 days.

- Griseofulvin (Anti-Fungal), also known as Grifulvin V, Fulvicin P/G, Gris-Peg.

Client can be treated if the medication has not been taken within the last five days.

- Isotretinoin (Anti-Acne), also known as Accutane.

The client can be treated if the medication has not been taken within the last six months.

- Tetracycline's (antibiotic) also known as Helidac, Terra-Cortril, Terramycin, Sumycin, Tetracycline HcL, Bristacycline, Achromycin V, Actisite, Tetrex, Doxycycline, Ciprofloxacin.

Client can be treated if the medication has not been taken within the last five days.

- Methotrexate (Anti-Arthritis & Anti-Cancer), also known as Methotrexate Sodium, PF & LPF, Mexate-AQ, Folex, Trexall.

Client can be treated if the medicine has not been taken within the last three days.

- Amiodarone (Anti-Arrhythmic), also known as Amiodarone Codarone x, Pacerone.

Treatment can be administered at your physician's discretion.

- Arthritis Auranofin (Ridaura®)-If a client is taking this medication, they are not a candidate for light therapy.

In preparation for your LED Facial, all makeup and skin care products including sunscreen should be removed to allow absorption of LED light into the skin. For optimum results, exfoliation prior to treatment helps to remove dead skin cells which may reflect the light.

It is not necessary to remove contact lenses during the LED treatment. Drink water prior to session.

Must wear eye protective (provided by the spa) during session.

Post Treatment

No waxing, lasers, harsh treatments/chemicals, Botox, or fillers for 48 hours.

Avoid sun tanning for at least 48 hours to prevent UV rays from damaging your skin. If you must be in the sun, please use a sun block with an SPF of 30 or higher. We strongly recommend using sunscreen daily.

Avoid excessive heat (sauna/hot showers/intense workouts for 24 hours).

You can apply makeup right away.

Drink water post session.

Limit smoking and alcohol consumption to achieve the best results.

Moisturize your skin with a fragrance-free moisturizer, such as Aquaphor® or Cetaphil®

Most clients will continue to see a marked improvement in their skin over the 12-week period after the LED light sessions/series have concluded.

Results will vary from person to person and no guarantees can be made that expected or anticipated results will be achieved.

The above is a guideline and not exclusive list. Please contact us with any questions or concerns. This is not a medical treatment. Our Led treatment is for cosmetic purposes only.