### **Foot Soak**

(Epsom Salt, Himalayan Pink Salt, and **Essential Oils**)

Foot soaks have the power to relax the nervous system, alleviate symptoms, detoxify, soothe pain,

> improve mood, improve energy level, sleeping habits and more.

30 min \$32 (per person) / 4 \$100 (per person) (can accommodate two people at the same time)

#### **Bio Mat**

Provides a deep relaxation experience to alleviate stress and temporary relief from minor spasms, minor sprains, minor strains, minor joint pain associated with arthritis, minor muscle pain and more. The core of the Bio Mat technology is a combination of far infrared rays, negative ions and the conductive properties of amethyst channels.

> 30 min \$35 /45 min \$49 4 sessions 30/45 / \$110/\$170

# Red Light Therapy (whole body)

(RLT) is a treatment that can improve skin appearance. NIR (near -infrared light) aids in healing the body by working on the cellular level and assist with pain relief, inflammation, and increased immunity.

30 min \$39 / 6 sessions \$198

### **Infrared Sauna**

Our infrared sauna uses a full spectrum, far infrared heat that surrounds you and penetrates deeply into your joints, muscles, and tissues, increasing oxygen flow and circulation. Includes medical grade chromotherapy lighting.

### **Health benefits:**

Weight loss, detoxification, pain relief, fibromyalgia, stress relief, organic skin care, immune system boost, improves appearance of cellulite and improves skin.

### One person

30 \$35 / 45 \$45 / 60 \$55 4 sessions 30- \$110

4 sessions 45- \$148

# 4 sessions 60- \$190

## Two persons

30 \$55/45 \$75 / 60 \$95 4 sessions 30- \$190 4 sessions 45- \$250

4 sessions 60- \$345

# **Whole Body Vibration**

Whole Body Vibration machines burn calories, strengthen bone, build muscle, improve posture, and more. 10 minutes of vibration can equal up to 20-30 minutes of cardiovascular exercise.

> 15 min \$20 / 30 min \$30 4 sessions 15/30 / \$59/\$93

# Salt Booth

Dry salt therapy helps to alleviate symptoms of respiratory ailments such as asthma, bronchitis, allergies, chronic obstructive pulmonary disease, colds, ear infections, sinusitis, as well as skin conditions such as acne, eczemas, psoriasis, cystic fibrosis, and rosacea.

> 30 min \$35 / 45 min \$49 4 sessions 30/45 / \$112/\$157



# Service Menu

# Services:

Massage Facial (Aqua Bubble) IPI Photofacial Microneedling Foot Soak Bio Mat Salt Booth Infrared Sauna **Body Contouring** 

Therma Sculpt™- skin tightening & wrinkle reduction Cavi-Tight™- fat reduction Vibration Therapy **Red Light Therapy** Laser Hair Removal The Wellness Lounge

# Hours:

Monday 9am-5pm Tuesday Friday 9am-8pm Saturday 9am-5pm Sunday Closed

> 7117 Dixie Hwy Clarkston, MI 48346 Phone 248-297-5265



### **Facial Treatments**

# AQUA BUBBLE FACIAL (Evexia Signature Facial)

Agua Bubble Facial or Back Facial 50 min \$199 Aqua Bubble Facial II 75 min \$229 Series of 5 Agua Bubble Facial/Back \$850 / 5 Series of 5 Aqua Bubble Facial II \$985 / 5

Classic Facial 60 min \$119

Pore cleansing, exfoliation, extractions, and a mask to fit your skin's needs. Good for all skin types.

**Express Facial** 30 min \$84

Cleanse, exfoliation, light extractions, and mask.

Gentleman's Facial 60 min \$119

Customized to address the needs of a man's skin.

**Deep Pore Facial** 60 min \$129

Deep pore cleansing and extractions, refine and clarify acne prone skin. Mask included.

**Anti-Aging Facial** 60 min \$129

Use products and techniques designed to slow the aging process, brighten skin, and reduce wrinkles.

LED Facial (medical grade) 30 min \$159 / 4 \$541

Uses the power of medical grade LED wavelengths to target many skin concerns such as acne, aging, large pores, rosacea Leaves your skin glowing and renewed.

**Teen Facial** 45 min \$89

Deep cleans pores and calms redness and breakouts while reducing the appearance of acne scars. Cleanse, exfoliate, extractions and mask.

Skin Brightening 60 min \$134

Accelerate brightening, improve skin tone, enhance skin clarity, and create a fresher, healthier appearance. Includes a mild ultra-bright peel.

**Back Facial Treatment** 60 min \$122

Cleansing tough-to-reach spots, customized to meet the needs of your skin.

**Chemical Peels** 

60 min \$145

Power Peel Salicylic - BHA (beta hydroxy acid)

AGEReversal TCA Peel - Age reversal

Advanced Renewal Glycolic- AHA (alpha hydroxy acid)

Waxing Services / Upper lip \$17 / Chin \$22 / Eye brows \$24 High Frequency

Massage 30min / 60min / 90min **Hot Stone** \$85 / \$124 / \$159 \$85 / \$119 / \$154 Deep Tissue \$81 / \$109 / \$144 Relaxation **Therapeutic** \$82 / \$114 / \$149 \$81 / \$109 / \$144 Stretch **Prenatal** \$82 / \$115 / \$149

Hot Stone- Hot stone massage offers a relaxation and beneficial massage experience all in one. Enjoy the glide of smooth hot stones designed for massage therapy that relax and soothe the muscles while increasing blood flow.

Deep Tissue- Offers a massage technique to target the deepest layer of muscles in order to release knots and ease chronic muscle tension.

Relaxation- A smooth, gentle, flowing style that promotes general relaxation, relieves muscular tension, plus improves circulation, and range of movement.

Therapeutic- Target's areas of discomfort in the body and provides relief to knots or tight bands of muscle fibers. Therapeutic massages are worth the temporary pain in order to gain the long-lasting benefits.

Stretch- Our stretch massage will incorporate a good amount of full body stretching techniques to increase flexibility, range of motion and aid in pain relief.

Prenatal- (Must be after 1st trimester) Prenatal massage requires different techniques, but provides the same wellness benefits to relieve stress and relax muscles. (Massage offered only while laying on side)

Couples Massage	60 Min	90 Min
Customized	\$239 for two	\$299 for two
Hot Stone	\$249 for two	\$309 for two

# **Upgrade Options Facial**

Oxygen therapy with Hyaluronic acid \$20 Eminence Masque \$19 Aromatherapy \$10 \*\*LED light (10 min) \$20 \*Skin Scrubber \$20 \*Chemical peel face \$35 \*Chemical peel neck \$35 \*Scalp Massage \$20 \*Ultrasonic wand \$20

#### **Upgrade Options Massage**

Add on 30 minutes to massage \$35 Add on Pain Relief Massage Oil \$16 (not available with prenatal massage) \*Scalp massage with essential oil \$20 Aromatherapy \$10

> Monthly massage membership \$89 / 60 min (Couples massage not included)

\* Adds 5 min to service time \*\* Adds 10 min to service time

# **Body Contouring / Laser / IPL Therapy**

Non-Invasive and Non-Surgical / Get results with no downtime!

### Cavi-Tight™ - Fat Reduction

Uses ultrasonic, vacuum, and RF energy to liquify fat cells, allowing your body to eliminate fat naturally through the urinary tract and lymphatic system. 50-minute session- 1 \$275/6 \$1560 30-minute session (face/chin only)- 1 \$159 / 6 \$864

Therma Sculpt™ - Wrinkle Reduction & Skin Tightening

Therma Sculpt uses radio frequency (RF) heating up the various skin layers to stimulate collagen production, which smooths, lifts, and tightens the skin.

> Up to 20 min session 1 \$150 / 6 \$768 Up to 40 min session 1 \$265 / 6 \$1356 Face/neck combo 1 \$250 / 6 \$1278

#### Microneedling with Dr. Pen™

Utilizes small needles to penetrate the skin and treat a variety of skin including: acne scarring, enlarged pores, wrinkles, and stretch marks. Includes LED.

> 50- minute session (includes numbing cream time)-1 \$275 / 4 \$880

(Face, neck/décolleté, hands, chest- all separate area's)

### Laser Hair Removal

Our new laser technology can treat most skin types and offers cooling technology for a near painless treatment.

Pricing varies per body part and sessions.

# **IPL Photofacial**

IPL facial that treats acne, large pores, hyperpigmentation, and skin tightening to reduce scaring and wrinkles. 1 \$275 / 4 \$900

#### Call now to book your consultation!

Results are not guaranteed and vary per individual. No refunds.